



# Annual Report

October 1, 2009 – September 30, 2010

*Together we can...*

change attitudes

save lives

end abuse



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24-hour Hotline 800-863-9909

[sprucerun.net](http://sprucerun.net)



## A Look Back at 2010...

2010 has been an exciting year at Spruce Run, full of challenges and opportunities. Your generous support—responding to appeals, answering the hotline, attending fundraisers, donating food for shelter, and more—has kept the work to end abuse going strong. Read on to see some of what we've been up to in the past year.

**Domestic Violence Awareness Month** is always a busy time for Spruce Run, and in October of 2009 we launched a whole new campaign—the Paint Penobscot County Purple Campaign. The goal is to highlight the color purple everywhere in our communities to raise awareness of abuse. We'd like survivors and victims to walk through their towns and literally see support all around them—and we'd like people who are abusive to receive a clear message that abuse won't be tolerated. Area businesses, organizations and individuals throughout Penobscot County participated, doing everything from displaying their purple merchandise in shop windows to having a Dress Purple Day at work. The campaign was fun and energizing, and we're already seeing the community's creativity at work in October 2010 for the second annual campaign!

During FY 10, our services in **Northern Penobscot County** continued to evolve to meet the changing needs of the people who live there. For example, in July the Millinocket District Court changed its hours. They are now open only minimally, which has a major impact on victims needing protection orders in that region. Spruce Run has worked extensively with the courts and police departments in Millinocket and Lincoln to ensure that victims seeking orders have prompt access to the court system when they need it most.

Our **community outreach and training** efforts have been going strong this year. Spruce Run partnered with Wellspring, Acadia Hospital, Penquis, and the Millinocket KARE Committee to bring a conference titled Next Steps and Beyond: Taking a Look at the Connection Between Mental Health, Substance Abuse, and Domestic Violence to Millinocket in January. We also co-taught a class at Bangor Theological Seminary entitled Domestic and Sexual Violence from a Theological Perspective and worked with the Maine National Guard and the Penobscot Nation Domestic Violence and Sexual Assault Project to provide training to victim advocates within the Army and Air Guard. In addition, in 2010 we stepped up our outreach to the

*When I came to Spruce Run, I had four goals: to obtain a job, housing, a reliable car, and child care. Today, I crossed the last thing off of that list, and started a new one.*

-Transitional Housing  
Resident



health care system, providing presentations and consultations to providers throughout the county.

In FY 2010, Spruce Run's **legal program** provided victims with information about the court system, assistance filing for protection from abuse orders, support when they went to court, and referrals to other resources. Spruce Run's attorney worked directly with 80 individuals to provide consultation and legal representation, and provided numerous in-house consultations for other Spruce Run advocates. At the end of the fiscal year we received funding to hire a legal assistant, which we expect to significantly increase the number of individuals our attorney can work with.

Looking back over the past year gives us a chance to recognize and celebrate the many successes of the families in our **residential programs**. While staying in our shelter or living in our transitional housing, women have found career paths; begun—and finished—degree programs; located stable, independent housing; volunteered to help others; secured reliable cars for their families; studied for the LSATs; and formed a mentoring program for other residents. The children have cultivated a community garden; learned to sign the alphabet; reminded each other to use their words, not their hands, to resolve conflicts; and connected with the supportive community services that they needed. This is only a partial list of the things these families have accomplished. It doesn't account for the hours families spent doing homework, making cookies for bake sales, or carpooling with their neighbors: the countless everyday things that safe, secure lives are made of.

Want to hear more? Visit [www.sprucerun.net](http://www.sprucerun.net) and click on Contact Us to make sure you are on our mailing list.

## Service Statistics from FY 2010

**In Fiscal Year 2010, Spruce Run provided the following services:**

**Crisis response and advocacy to 1,227 people for a total of 6,645 hours**, assisting victims with a range of issues, including obtaining safe, affordable housing and navigating the legal and child protective systems.

**Direct service contact, on the hotline or face-to-face, to an average of 582 people per month**, supporting victims and their allies and helping them plan for their safety and long-term security.

**Support, education, and activity groups for 180 people for a total of 3,563 hours**, helping men, women and children sort through their experiences with abuse.

**Emergency shelter for 77 adults and children for a total of 2,822 bed nights**, providing families experiencing abuse with supportive services and a safe, confidential place to stay as they move forward.

**Transitional housing and services for 25 women and 40 children**, helping families establish long-term stability and create lives free from abuse.

**Community education and training for 3312 people**, including members of the business, faith, and health care communities, supporting them as they take a firm stand against abuse.

**School and youth-based education and activities to 6474 young people**, educating a new generation about healthy relationships and creating a more peaceful world for the future.

## Our Mission

Spruce Run Domestic Violence Project is dedicated to serving people affected by domestic abuse in our community while working simultaneously to eliminate personal, institutional, and cultural violence against all individuals.

Spruce Run offers 24-hour hotline services, emergency shelter, transitional housing, support and curriculum groups, and advocacy to victims of intimate partner violence. In addition we provide community training, education, and collaboration to foster a coordinated community response to domestic abuse.

For Spruce Run our vision of zero tolerance for violence goes hand in hand with the goal of overcoming recurring and ongoing power imbalances. We promote self-help and empowerment and mirror empowerment in the way that we work.

## Our Core Values

In Fiscal Year 2010, Spruce Run affirmed the following as the organization's core values. These values inform both the work that we do and the manner in which we carry out our work.

- A focus on preventing and ameliorating the effects of violence against women.
- A commitment to providing emergency and low barrier access to free services.
- A respect for the dignity and the choices of the people with whom we work, co-workers and clients alike.
- A belief in everyone's right to be safe and respected.
- A commitment to collectivist structure and consensus decision making.
- An integrated sense of social change work to end abuse and direct service advocacy with individuals.
- An awareness of and appreciation for others' work at the local, state and national levels, and a desire to collaborate when possible.
- A commitment to excellence.

*I was really lost, not knowing how the legal system here in Maine works and what some of my rights were.... I was overwhelmed by the myriad volumes of paperwork and documents involved.... I am glad Spruce Run offered legal services such as yours to help abused victims like me.*

*-Anonymous client*



# FY 2010 Budget

|                                    |  |                    |
|------------------------------------|--|--------------------|
|                                    | <b>REVENUE &amp; OPERATING SUPPORT</b>       |                    |
| <i>She was dropping off a</i>      | Federal & State Funding                      | \$941,685          |
| <i>donation of books for</i>       | Donations & Fundraising                      | \$186,683          |
| <i>shelter, and I realized she</i> | United Way of Eastern Maine                  | \$60,362           |
| <i>was the same woman I</i>        | In-Kind Volunteers                           | \$50,000           |
| <i>had spent hours working</i>     | Private grants                               | \$10,000           |
| <i>with two years prior when</i>   | Program Income                               | \$3225             |
| <i>she was leaving her abuser.</i> | Miscellaneous Income                         | \$823              |
|                                    | <b>Total Revenue &amp; Operating Support</b> | <b>\$1,252,778</b> |
|                                    | <b>OPERATING EXPENSES</b>                    |                    |
| <i>“I think I’ve worked with</i>   | Personnel & Programming                      | \$1,000,937        |
| <i>you,” I said. “Oh, you</i>      | Program & Office Supplies                    | \$51,526           |
| <i>have,” she replied and</i>      | Utilities & Maintenance                      | \$49,454           |
| <i>went on to tell me that it</i>  | Professional Services                        | \$47,560           |
| <i>has been a hard road but</i>    | Travel                                       | \$26,668           |
| <i>that she is doing well and</i>  | Direct Client Services                       | \$21,879           |
| <i>living without abuse.</i>       | Depreciation                                 | \$18,881           |
|                                    | Insurance                                    | \$13,827           |
| <i>-Kati McCarthy, Spruce</i>      | Rental Subidy                                | \$10,800           |
|                                    | Office Rent                                  | \$9000             |
| <i>Run staff</i>                   | Miscellaneous Expenses                       | \$1200             |
|                                    | Fundraising                                  | \$1046             |
|                                    | <b>Total Operating Expenses</b>              | <b>\$1,252,778</b> |

# Donors

Thank you to all who donated time, goods, and money to Spruce Run in 2010.

## **BUSINESSES & ORGANIZATIONS**

- Advanced Fuel Solutions, Inc.
- Back in Balance Chiropractic
- Bangor Area Breakfast Rotary Club
- Bangor Federal Credit Union
- Bangor Lodge of Elks
- Bangor Region Public Health
- Bangor Steel Service, Inc.
- Bangor Theological Seminary
- Bank of America
- Carmel Union Congregational Church
- Corinna United Methodist Church Women
- Daigle Oil Company
- Daughters of Isabella Our Ladies Circle #774
- Deighan Associates, Inc.
- Delta Kappa Gamma
- Downeast Energy Corp.
- Eastern Maine HomeCare
- EMCC Nursing Faculty
- EMMC Federal Credit Union
- Empire Beauty School
- Fairpoint Employee Payroll Incentive Program
- First Baptist Church Missions, Bangor
- First Congregational Church of Brewer
- First Congregational Church of Millinocket
- Foster, Carpenter & Black
- Francis and Louise Nichols Foundation
- Girl Scouts of Maine
- Grace United Methodist Church
- Greater Bangor Association of Realtors
- Griffin and Jordan, LLC
- Hammond Street Congregational Church
- Healey & Associates
- High Street Congregational Church
- Hollywood Slots at Bangor
- Jay Smith, Inc.
- Jewelry Artisans of Maine
- Johnson Family Foundation
- Lakeview Orthodox Presbyterian Church
- Lois M. Gauthier Charitable Trust
- Machias Savings Bank
- Macy's
- Maine Valley Artists
- Marquis Heating, Inc.
- Mattawamkeag Church of God
- M.S. Walker, Inc.
- National Honor Society
- Neurology Associates of Eastern Maine
- Newport Women's Club
- Nickerson & O'Day, Inc.
- Northeast Cardiology Associates
- Old Town Rotary
- Parker Lumber Company, Inc.
- Patawa Club
- Paul Bunyan Chapter 12 Good Sam Club
- Penobscot/Piscataquis Association, UCC
- Preceptor Alpha Beta
- Rainstorm Consulting
- Redeemer Evangelical Lutheran Church
- Rotary Club of Bangor
- Russell & Silver, P.A.
- Spectrum Medical Group
- St. Paul the Apostle Parish
- Sunrich Inc.
- The Bedworks of Maine
- The Maine Campus
- Town of Charleston
- Town of Chester
- Town of Edinburg
- Town of Hermon
- Town of Lee
- Town of Newburgh
- Town of Orrington
- Town of Plymouth
- Town of Springfield
- Town of Winn
- United Methodist Women, North Brewer/Eddington Methodist Church
- United Way of Eastern Maine
- University Credit Union
- University of Maine Student Women's Association
- Veazie Congregational Church
- WABI TV
- Webber Oil Company
- Women's Fellowship
- Women in the Curriculum & Women's Resource Center
- Zonta Club of Bangor

## **INDIVIDUALS**

- Marjorie & Bradford Adams
- Robert & Linda Allen
- Luanne Anderson
- Julianne & Wesley Archer
- Lynn Atkins
- Linda & Frederick Austin
- Carolyn Ayer
- Heather Bailey
- Marion Bailey & Carol Gass
- Margaret Baillie
- Steve Barkan
- Sharon Barker & John Hoyt
- Hasan Basheera
- Shellie Batuski
- Nancy Bauer
- Cathleen Bauschatz
- Karen & Dan Belknap
- Katrina & Edwardo Benjamin



- Todd Benoit
- Tracy Bigney
- Sheila Bissonnette
- Amy & Lance Blackstone
- Martha & Sid Block
- Phyllis Borns
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- Carolyn Bradley
- Jane & Frank Bragg
- Theresa & John Bragg
- Josephine Bright
- Jean Marie Brooks
- Alice & Mitchell Bruce
- Meredith Bruskin
- Sue-Ann & William Buckley
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- Judy Burk & Ken Beland
- Ann Patricia Burnes
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- Debra Calderwood
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- Elizabeth Cannon
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- Theresa Carroll
- Kay Carter
- Valerie Carter & Michael Howard
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- Mary Casserly
- Mary Cathcart
- Gina Chandler
- Jennifer Chiarell & Travis Violette
- Elaine Clark
- Jo Ann & Robert Clough
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- Tammy Combs
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- Susan Cosgrove
- Amanda Cost & Chad Kirkpatrick
- Corrine & William Cost
- Linda Costelloe
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- Eliot Cutler & Melanie Stewart Cutler
- John Cyr
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- Bernadette Demmons
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- Christina Diebold
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- Susan Donahue
- Jeanne Dorland
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- Robert Dubay
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- Suzanne Duval
- Clifton & Catherine Eames
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- Brandy Ellis
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  - Jenifer Wilson
  - Bonnie Wood & Jane McGlaufflin
  - Moira Worboys
  - Randi Youells
  - Rhonda Young
- IF WE HAVE OMITTED ANYONE FROM THIS LIST OR MADE ANY MISTAKES, PLEASE ACCEPT OUR APOLIGIES AND KNOW THAT WE THANK YOU, TOO.**

# FY 2010 Staff & Steering Committee

## SPRUCE RUN STAFF

Administrative Coordinator:

Tammy Combs

Administrative Associate:

Karen Marysdaughter

Child Protective Initiative Coordinator:

Jenn Chiarell

Children's Services Associate:

Karen Gilgan

Groups Coordinator:

Tricia Westwood

Hotline & Specialized Advocacy Coordinator:

Catherine Kurr

Lawyer:

Suzanne Saunders Barrett

Legal Advocacy Coordinator:

Margo Batsie

Legal Associate:

Patricia Peterson

Lincoln Transitional Housing Coordinator:

Candace Sabol

Millinocket Transitional Housing Coordinator:

Suzie Boutilier

Office Associate:

Bev Wilson

Outreach Coordinator:

Joy Walters

Primary Prevention Program Coordinator:

Amanda Cost

Program Planning & Integration Coordinator:

Sue Bradford

Public Awareness & Education Coordinator:

Kati McCarthy

Residential Resources Coordinator:

Darcie Lincoln

Resource Development Coordinator:

Regina Rooney

School-Based Program Coordinator:

Emily Wagner

Shelter Services Coordinator:

Johnnie Walker

Transitional Housing & Family Systems Team

Coordinator: Maureen O'Malley

Women's Advocacy Associate:

Heidi Robinson

Temporary Women's Advocate:

Alyssa Radmore

## SPRUCE RUN STEERING COMMITTEE

Leslie Forstadt

Peggy Day

Tracy Bigney

Nancy Rampe

Ann Schonberger

Judith Josiah-Martin

Marty Kelley

**IN FY 2010 WE'VE SAID GOODBYE TO SEVERAL MEMBERS OF THE STAFF AND STEERING COMMITTEE WHO HAVE MOVED ON. WE RECOGNIZE THEM HERE AND THANK THEM FOR THEIR SERVICE TO THE ORGANIZATION AND THE COMMUNITY.**

Ruth Jewell, Staff 2005-2009

Dorathy Martel, Staff 2001-2010

Shelley Megquier, Staff 2007-2010

Nancy Webster, Steering Committee 2009-2010

