

Spruce Run's Hotline

Spruce Run offers a hotline for anyone who has been affected by abuse. The hotline is a free and confidential service where people get support, feedback, and information about options. Spruce Run advocates believe in helping people make their own decisions while they provide support and resources.

A Spruce Run Advocate will:

- *Listen to you and not judge.*
- *Offer support for your feelings and information about choices.*
- *Help you plan for safety.*
- *Explore your situation and answer any questions you may have.*
- *Talk with you about how to be helpful to someone in your life.*