

Domestic Abuse

Domestic abuse is a learned behavior, not a disease or a sickness.

Domestic abuse is not about anger or losing control.

Domestic abuse is a pattern of behavior that results in unequal power and control in intimate relationships.

The BIP's definition of domestic abuse is emotional, physical and sexual behavior that:
Forces the victim to do things she doesn't want to do,
Prevents her from doing what she wants to do and/or
Causes her to feel afraid.

Some warning signs:

Blaming your partner for relationship problems

Isolating your partner from family or friends

Controlling access to the telephone, email, mail or money

Making jealous comments or accusations

Name calling

Criticizing your partner in public or in front of the children

268 Stillwater Avenue
P.O. Box 422
Bangor, ME 04401-0422

Phone: 207 973-6199
1-800-640-1222 ext 9801
Fax: 207 973-9801

ACADIA HOSPITAL'S

BATTERERS INTERVENTION PROGRAM

one part of the community's response to domestic abuse



1 800 640-1211 EXTENSION 6199



Program Description

Acadia Hospital’s Batterers Intervention Program is a state certified BIP which has operated in Penobscot County since 1995.

It is one part of the community’s response to domestic abuse.

Its goals are to:

- increase the safety of people who are victims and
- offer information to men who are abusive about abuse and its impact.

Program Admission and Completion

To be admitted to the program, call 207 973-9801 or 1800 640-1222, ext. 9801. You must be a man who is 18 or over.

An Intake Associate will schedule an assessment. The assessment will take about 90 minutes. Your health insurance may pay for this service.

You must provide copies of:

- Driver’s license
- Police report
- Bail or probation agreement
- Protection from Abuse or Harassment orders

Fees are based on a sliding scale. You must pay each week. Your health insurance will not pay for them. In cases of financial hardship, special arrangements can be made through Patient Accounts. Call 973-6065.



The BIP Program is at least 48 weeks long. Each weekly session is 2 hours long.

In order to complete the program, you must participate in all 48 sessions, and demonstrate an understanding of domestic abuse, its impact and your responsibility for your behavior. It is hoped that with this understanding you will make respectful choices in your relationships.

Written and oral work is required each week. Anyone having difficulty with reading, writing or hearing can request accommodations.

For more information, contact Kathryn Maietta, LCSW, at 973-9801 or toll free at 1 800 640-1222, extension 9801.

